

Seminar Synopsis -*Teach Your Children Wellness*

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Power of the Written Word for 9-12 year olds

Five Classes @ \$15/class
ALL MATERIALS INCLUDED

Each class will be 1 hour in length

My seminar will take children on a journey to finding the writer within.

First Class- *Getting to Know Each Other*

The discussion will be centered around how powerful words are and how our words affect one another in everyday conversation. I will ask students to select the three most important words that describe themselves. They can detail a physical or emotional description; or even both. We'll talk a little about everyone's word choices and why those choices make them unique and important to the world.

Second Class – *Creating their Super Hero*

All material will be supplied to create their masterpieces; and we will talk about beginning their books. Children will be encouraged to use their imagination and create a superhero that is based on the words they selected to describe themselves. Once the superhero persona is in place, the writing begins. *(at this point we might do a first drawing of what the superhero might look like. This often assists visually driven children to be more creative with their words)*

Third Class -*Developing the Story – Where will your powers take you?*

We'll talk about the strength and courage that every super-hero has and how they can learn to trust themselves simply by believing that they are not only capable, but outstanding, in the powers they possess. Along with the words, I will supply blank pages and markers for them to draw the artwork for their books, as well. This enables them to see how their self-esteem and belief in self transforms them into magnificence: *a Super Hero with no boundaries to what they can accomplish.*

Fourth Class- *Our Stories come together*

The finished product will be the story of who they truly are. This class will add the finishing touches to their masterpieces. We will talk about the ending and how they envision their triumph over any obstacles presented to them as a super hero; and how the super hero in them overcame all barriers. I will assist them with any questions regarding punctuation, or simple editing and we will concentrate on the artwork for the cover. I will provide them with construction paper to create the cover and we will discuss name placement, title, etc. and the rest is up to their view of how best to showcase their story.

Final Class -*Stories of Our Greatness are Completed*

The final class is in celebration of their stories. We put the books together and share their feelings about their accomplishments. Open discussion about what came easily and what they had to work a little harder to accomplish. Everyone will get to share about their favorite descriptive word for themselves, and how it feels to step into that word as a Super Hero.

Refreshments will follow for jobs well done. They will get an official certificate to honor the "Writer Within."